

SOUTHERN
WARRIORS

RULEBOOK





1. THE COMPETITION: SOUTHERN WARRIORS

It is a competition (in short SW), that takes place yearly in Monopoli, in the Bari district, Apulia region in ITALY, on 15th, 16th, 17th of July 2022 in Monopoli , organized by Sinapsi Ltd , Health Center Ltd and Effort ASD

The competition splits in two moments: one online qualification phase that, when passed, allow the access to the second phase, the live event that takes place in Monopoli.

2. PARTICIPATION REQUIREMENTS

The candidate that want to be admitted to Southern Warriors must:

- To be of age at the date of the competition or to be authorised by parents, that must sign the specific disclaimer;
- Accept the rulebook, the liability release waiver and the Privacy policy module;
- Subscribe at www.judgerules.it or www.southernwarriors.it by the prescribed deadline and pay the registration fee, after receiving the qualification confirmation. The fee includes competition admission and competition kit;
- Send via email by the 30/05/2020 a copy of the medical certificate for competition (CrossFit®/ Weightlifting). Other kind of certificate will not be accepted, excluding the participant from the competition;
- Choose the preferred category between: Elite (and its age divisions), Regular (and its age divisions), Experience and Team;
- Age group divisions will be assigned automatically by registration system based on birth date. Specifically, everyone will be classified in the age category based on his age at the 31th of December 2022;
- The online qualification ranking must be considered temporary until every athlete that has been invited to the finals will confirm his participation. In case one or more of the invited athletes renounce their spot in the finals, the organisation will proceed to the repechage and will send out new invitations. Therefore, some of the athletes initially excluded could be invited later and placed in their respective division;
- To not have received any precautionary suspension measures from sporting activities or sanctioning measures of any degree of judgment issued by competent national and international sports authorities. Hiding to the organization those kind of situation entails the right of the latter to protect themselves legally;
- The organization will make appropriate verifications and eventually exclude the participant from the competition without any reimbursement;
- It will never be possible to have a reimbursement for the participation fee after both the payment for qualification and for the final are made;
- To not have received a ban from competing issued by the organisation during the previous Southern Warriors editions or to not being part of the Project Judges competitions ban-lists.

- QUALIFIER PAYMENT – INDIVIDUAL CATEGORIES:
 - 25 EURO FROM 15TH NOVEMBER TO 22TH NOVEMBER
 - 39 EURO FROM 23TH NOVEMBER TO 15TH DECEMBER
 - 49 EURO FROM 16TH DECEMBER TO 15TH JANUARY 2022
- QUALIFIER PAYMENT – TEAM CATEGORIES:
 - 50 EURO FROM 15TH NOVEMBER TO 22TH NOVEMBER
 - 78 EURO FROM 23TH NOVEMBER TO 15TH DECEMBER
 - 98 EURO FROM 16TH DECEMBER TO 15TH JANUARY 2022
- LIVE PHASE PAYMENT – INDIVIDUAL CATEGORIES:
 - 119 EURO
- LIVE PHASE PAYMENT – TEAM CATEGORY
 - 240 EURO

3. DIVISIONS – CATEGORIES

- DIVISIONS:

The competition organisation believes that the differentiation on the basis of certain skills has no longer reason to exist for the categories RX, Master (35,40,45), Junior, Scaled. The introduction and formalization in the Italian competitions of the Experience category, comparable to the Scaled category of the CF Open, to which skill variations are applied, forces us to take a conscious position in relation to the other two categories: RX and Scaled. These can no longer be distinguished depending on the skills but rather by the fitness level of the individual athletes. From this year therefore the categories will be identified with the following nomenclature:

- a) Elite
- b) Regular
- c) Experience
- d) Team

- MOVEMENT DESKILLING CHOICE

APAY ATTENTION: This does not mean that an athlete missing one skill can't compete. He/She will be able anyways deskilling the movement according to the competition standards. Obviously his/her score will reflect this choice, resulting in a lower score than whom have performed even only one rep of the originally prescribed movement.

E.g. I'm not able to perform bar muscle ups: I will be able to scale the movement with chest to bar, but my score will be lower than whom have performed even only one rep of bar muscle up.

- DIVISIONS CLASSIFICATION PARAMETERS:

ELITE:

Will be considered an Elite athlete:

who have already participated in other competitions in the aforementioned category, those who practice the discipline of functional training since several years and have a level of fitness that allows the mastery in a profitable manner in the discipline of weightlifting and gymnastics (muscle up, handstand pushup, handstand walk). This category is by definition full skill.

As a self-assessment parameter, to be intended as purely indicative, with reference to the category.

Elite Senior men consider:

Fran under 3':15"
Grace under 3':00"
Diane under 3':20"
Karen under 7':15"
Cindy more than 23 rounds
Isabel under 3':00"
1 k rower under 3':45"
2 k rower under 7':30"

Minimum set of unbroken ring muscle up: 7
Minimum set of unbroken pull up: 30
Minimum set of unbroken handstand push: 20

Ability to manage in a WOD:

80Kg Snatch
100Kg Clean and Jerk

Elite Senior women consider:

Fran under 3':15"
Grace under 3':00"
Diane under 3':20"
Karen under 7':15"
Cindy 20 rounds
Isabel under 3':00"
1 k rower under 4':00"
2 k rower under 8':00"

Minimum set of unbroken ring muscle up: 5
Minimum set of unbroken pull up: 25
Minimum set of unbroken handstand push: 15

Ability to manage in a WOD:

50Kg Snatch
70Kg Clean and Jerk

Will be considered belonging to the Regular Senior men and female:

The athletes that, after a comprehensive evaluation of the aforementioned parameters, consider that their performance is not belonging to the first division, can enroll in the second division, called Regular, knowing that, as already expressed, the category once called Scaled, compared to the national and European reality, today cannot be considered an expression of a category de-skilled but of a category with a lower fitness level than the first division.

The first, second and third places of the last edition in the Southern Warriors Scaled category will not have access to the Regular category, but will have to enroll in the Elite category. Also the podiums of the 2019 Fall Series Throwdown competition are equal to this last provision.

Reference to the ELITE AGE DIVISIONS for MALES (MASTER 35, 40, 45, 50):

| MASTER 35 | MASTER 40 | MASTER 45 | MASTER 50 |
|----------------------|---|--|---|
| Same as Elite Senior | Fran under 4':30" Grace under 4':00" Diane under 6':00" Karen under 8':30" Cindy 20 rounds Isabel under 4':00" 1k rower under 3':45" 2 k rower under 7':30" Minimum set of unbroken ring muscle up: 5 Minimum set of unbroken pull up: 20 Minimum set of unbroken handstand push: 10 Ability to manage in a WOD: 70Kg Snatch 85Kg Clean and Jerk | Fran under 6':00" Grace under 5':30" Diane under 7':30" Karen under 9':30" Cindy more than 15 rounds Isabel under 5':30" 1k rower under 4':00" 2 k rower under 8':00" Minimum set of unbroken ring muscle up: 3 Minimum set of unbroken pull up: 15 Minimum set of unbroken handstand push: 7 Ability to manage in a WOD: 60Kg Snatch 75Kg Clean and Jerk | Fran under 7':30" Grace under 7':00" Diane under 9'00" Karen under 10':30" Cindy 15 rounds 1k rower under 4':00" 2 k rower under 8':00" Minimum set of unbroken ring muscle up: 3 Minimum set of unbroken pull up: 10 Minimum set of unbroken handstand push: 5 Ability to manage in a WOD: 50Kg Snatch 70Kg Clean and Jerk |

Reference to the ELITE AGE DIVISIONS for FEMALES (MASTER 35, 40, 45, 50):

| MASTER 35 | MASTER 40 | MASTER 45 |
|----------------------|---|--|
| Same as Elite Senior | Fran under 4':45" Grace under 4':30" Diane under 6':30" Karen under 8':30" Cindy 15 rounds Isabel under 4':30" 1k rower under 4':10" 2 k rower under 8':20" Minimum set of unbroken ring muscle up: 3 Minimum set of unbroken pull up: 15 Minimum set of unbroken handstand push: 10 Ability to manage in a WOD: 45Kg Snatch 55Kg Clean and Jerk | Fran under 6':30" Grace under 6':00" Diane under 8':00" Karen under 9':30" Cindy more than 12 rounds Isabel under 6':00" 1k rower under 4':10" 2 k rower under 8':20" Minimum set of unbroken ring muscle up: 3 Minimum set of unbroken pull up: 10 Minimum set of unbroken handstand push: 5 Ability to manage in a WOD: 40Kg Snatch 50Kg Clean and Jerk |

Will be considered belonging to the Regular category in their respective AGE DIVISIONS:

The athletes that, after a comprehensive evaluation of the aforementioned parameters, consider that their performance is not belonging to the first division, can enroll in the second division, called Regular, knowing that, as already expressed, the category once called Scaled, compared to the national and European reality, today cannot be considered an expression of a category de-skilled but of a category with a lower fitness level than the first division.

Will be considered Experience athlete:

All those who have never participated to the final phase of a national or international Competition in the Scaled or RX (or synonyms) category. For the Scaled category, all the competitions whose access is NOT subordinated by a qualification, but simply with the purchase of the ticket for the final phase and in which the Experience category (or synonym) was not included are excluded from this parameter. For the aforementioned competitions, the staff will assess the level of such events and of the athlete, possibly contacting directly the coach or the owner of the box where the athlete trains regularly. ALL athletes who have participated in national and international competitions for the aforementioned category are admitted to the Experience category, with the exception of the PODIUM. This category is not open to those who aspire to cash prizes but aims to allow, even to those who have recently approached the discipline of functional training, to be able to find a prestigious stage where they can have fun and test themselves. It is therefore the category for those who want to test their limit and enter in the world of competitions from the front door.

Exclusion clause:

The staff of the Southern Warriors, the competition director, the head judges, reserve the right to exclude at their unquestionable judgment those athletes who violate the aforementioned regulation.

In order to be able to verify compliance with the regulation, the organizing committee reserves the right to contact the coaches and / or box owners of the qualified men, women, to verify that there is no violation of the provisions contained therein, asking for a formal commitment to it. Should the competition organization become aware, in any way, that the athlete passed to the live phase could not compete in the experience category due to a violation of the above rule, they will be immediately disqualified regardless of the stage currently in progress (qualifier or live) with consequent repechage, where possible, of the first available athlete in waiting list.

Should the athlete register as an “independent” and then qualify, the race organization reserves the right to verify compliance with the above clause and in case of non-compliance will proceed to immediate disqualification in the form described above.

4. ONLINE QUALIFICATION

FOR THE ELITE – REGULAR – EXPERIENCE - TEAM CATEGORIES

The competition allows the access to the live event to all the athletes that pass the qualification phase. The workout will be accompanied by a video and an informative PDF brochure explaining movement standards, weights and variations.

Qualifier wod release date: 16TH JANUARY 2022.

The deadline for the score submission it is mandatorily the 31TH of JANUARY 2022, 10:00 PM Italian Time.

5. RANKING OF ATHLETES WHO ACCESS THE LIVE

FIRST DIVISION ELITE MAN

| ELITE CATEGORY | AVAILABLE SLOT |
|----------------|----------------|
| 1. SENIOR | 40 |
| 2. MASTER 30 | 10 |
| 3. MASTER 35 | 10 |
| 4. MASTER 40 | 10 |
| 5. MASTER 45 | 10 |
| 6. MASTER 50+ | 10 |

FIRST DIVISION ELITE WOMAN

| ELITE CATEGORY | AVAILABLE SLOT |
|----------------|--|
| 1. SENIOR | 20 |
| 2. MASTER 35 | 5 (The organization committee reserves the right to change the admission numbers depending on actual subscriptions) |
| 3. MASTER 40 | 5 (The organization committee reserves the right to change the admission numbers depending on actual subscriptions) |

SECOND DIVISION REGULAR MAN

| REGULAR CATEGORY | AVAILABLE SLOT |
|------------------|----------------|
| 1. SENIOR | 70 |
| 2. MASTER 35 | 10 |
| 3. MASTER 40 | 10 |

SECOND DIVISION REGULAR MAN

| REGULAR CATEGORY | AVAILABLE SLOT |
|------------------------|----------------|
| OPEN (NO AGE DIVISION) | 10 |

EXPERIENCE DIVISION

| EXPERIENCE CATEGORY | AVAILABLE SLOT |
|----------------------------|----------------|
| 1. MAN (NO AGE DIVISION) | 20 |
| 2. WOMAN (NO AGE DIVISION) | 10 |

TEAM ELITE

| CATEGORY | AVAILABLE SLOT |
|----------|----------------|
| 1. M + M | 10 |
| 2. M + F | 10 |
| 3. F + F | 10 |

TEAM REGULAR

| CATEGORY | AVAILABLE SLOT |
|----------|----------------|
| 1. M + M | 10 |
| 2. M + F | 10 |
| 3. F + F | 10 |

TEAM MASTER 70+

| CATEGORY | AVAILABLE SLOT |
|----------|----------------|
| 1. M + M | 10 |
| 2. M + F | 10 |
| 3. F + F | 10 |

AGE DIVISIONS

- Senior 17-34 years (Elite/Regular)
- Master 30+ 30-34 years (Elite)
- Master 35+ 35-39 years
- Master 40+ 40-44 years (Elite woman 40 over)
- Master 45+ 45-49 years
- Master 50+ 50 years +
- Master 70+ 70 years + (team of 2)
- Regular woman No age division

6. NON-ACCEPTANCE CLAUSE

The organization reserves the unquestionable and irrevocable right to accept or refuse the registration of an athlete. The organization also reserves the exclusive right to validate or invalidate the scores of an athlete.

7. WILD CARD – ACCEPTANCE CLAUSE

The organization reserves in full autonomy and absolute discretion the right to invite the winners of the last edition, the best 4 qualified to the Open of any nation (with specific reference to the man and women senior divisions) and every other athlete whose presence can give visibility and sporting value to the competition.

| ELITE CATEGORY | WILD CARD |
|----------------|-------------------------------------|
| 1. SENIOR | 5 wild card men + 3 wild card women |
| 2. MASTER 35 | First place from the previous year |
| 3. MASTER 40 | First place from the previous year |
| 4. MASTER 45 | First place from the previous year |
| 5. MASTER 50 | First place from the previous year |

We specify that in the case an athlete, winner of the past edition, this year should be landed in another age division, he/she is not entitled to the wild card but is entitled to the free fee (he/she therefore does not need to pay the registration neither to the qualifier nor to the live stage if he/she has passed the qualifiers, so he/she will still be required to perform the qualifier wod).

| TEAM ELITE CATEGORY | WILD CARD |
|---------------------|------------------------------------|
| 1. MAN/MAN | First place from the previous year |
| 2. MAN/FEMALE | First place from the previous year |
| 3. FEMALE/FEMALE | First place from the previous year |

The wild cards as well as the free fees are not transferable and are strictly nominal. In case of the team, the wild card access is guaranteed even if one of the team members changes though.

8. STANDARD FOR THE LIVE PHASE

STANDARD 1st CATEGORY ELITE INDIVIDUAL

Standards required:

All the movement skills and loads/weights in line with the standards of the European competitions.

STANDARD 2nd CATEGORY REGULAR INDIVIDUAL

Standard required:

The Regular category, as specified, is also considered a category to which we may require any type of competition skill considering that the number of reps, sets, and wod duration will be adjusted to a lower level of fitness.

Therefore, considering the following values as belonging to the Elite category:

Fran under 3':15"
Grace under 3':00"
Diane under 3'20"
Karen under 7':15"
Cindy more than 23 rounds
Isabel under 3':00"
1 k rower under 3':45"
2 k rower under 7':30"

Minimum set of unbroken ring muscle up: 7
Minimum set of unbroken pull up: 30
Minimum set of unbroken handstand push: 20

Ability to manage in a WOD:
80Kg Snatch
100Kg Clean and Jerk

Reference for the Regular category:

the reference parameters referring to the elite category should be considered indicative. Therefore, an athlete whom, in an overall assessment, in the light of the above parameters, believes that his performance is not belonging to the first division, can enroll in the second division, called Regular, knowing that, as already expressed, the category once called Scaled, compared to the national and European reality, today cannot be considered an expression of a category de-skilled but of a category with a lower fitness level than the first division.

IMPORTANT: if an athlete does not possess an advanced skill (ring muscle up / handstand walk) he can still perform the workout through the corresponding scaled exercise prepared by the organization. His score will therefore be lower than whom performed at least a single rep in the exercise initially planned.

Refer to the explained standards

STANDARD CATEGORY EXPERIENCE INDIVIDUAL

The movement standards required for qualifier and live workouts will be the Open official ones with particular reference to the "scaled" category (not scaled master).

Therefore, the movements of the exercises will be precisely scaled to be easy to perform for those who have recently approached this discipline. Pull ups, knee raises, single unders will be required and knowing how to workout with a 50kg / 30kg GTOH. For the final phase there is no rule concerning the skills that can be requested.

9. PRIZES

No money prizes are awarded for the Experience - Regular - Regular Team categories.

Cash prizes for the Elite - Team Elite categories, distributed for 6 events.

The delivery of prizes will take place within 90 days from the end of the competition, the data to send the prizes must be provided within 30 days from the day of receipt of the email sent by the organization, after this date the winner will forfeit the right to collect the prize. From the amount will be deducted the taxation provided for by the laws of the Italian tax authorities.

10. SUBSCRIPTION TERMS

in order to participate to the event, the athlete confirms through the subscription that he/she is completely and entirely in agreement with the rules and guidelines illustrated in this rulebook.

11. GENERAL RULES ON THE QUALIFICATION WORKOUT

The workout (in the technical sheet attached to the video) includes:

- Required movements;
- Performance points of each individual movement (the athlete must know the performance points of each movement called “bottom and top position”);
- Required number of repetitions and their sequence;
- Equipment required, the equipment must be standard (kg for barbell and plate, Concept rower, or equivalent considered instruments for which can be requested a technical sheet, at the sole discretion of the organization. In case of weights in pounds, they must be converted into kg with the approximation by excess or defect depending on whether the weight exceeds or not 0.5 in the measurement);
- Time available;
- Scoring method;
- Movement variations;
- Guidelines on videotaping.

Changing the qualifier workout is strictly forbidden and constitutes invalidation of the entire video evidence. Therefore, changing the movement standards or changing the range of motion of an exercise is strictly prohibited. Hence, any movement considered uncommon, out of the ordinary or used to shorten or modify the prescribed movement will be sanctioned. It is the only and exclusive responsibility of the athlete to inform the organization or the head judge of a functional limitation. The organization or the HJ reserve the right to request any further documentation as a proof, that the athlete is forced to provide.

12. INSERTION OF THE SCORE

It is the responsibility of the athlete to ensure to insert the score in the time defined by the workout delivery deadline. Any incomplete insertion will not be considered. The competition organization reserves the right to change the delivery deadline.

13. VALIDATION OF THE VIDEOS

The results of the workouts will be supervised according to the 2019 judge course method:

- Good Video: the video is free of penalties
- Valid With Minor Penalty: from 1 to 4 no rep. These will be counted in the scoring subtracting them to the pursued result. If the score is determined by the time of execution this will be increased by the value of the imposed no rep.
- Valid With Major Penalty: more than, or 5 no rep. The score will be penalized by 15% of the value inserted by the athlete.
- Invalid: the athlete didn't perform the workout according to the prescriptions indicated or scored an unacceptable number of no rep, or the video cannot be evaluated due to incorrect or partial framing.

The judgment performed by the judgment body is not appealable.

14. LIVE EVENT

The competition requires that the athletes who successfully qualified according to the previously indicated number can access the live phase.

The athletes will receive an email that will inform them of their admission to the live phase. They will then have to confirm their presence or not before the deadline indicated by the competition organization. In case of missing confirmation, the competition organization will proceed automatically to the repechage of the next qualified athlete.

The confirmation of participation to the event must be accompanied by payment of the admission fee for the live phase

Together with the confirmation email, the athlete will also receive further information. The Facebook page of the event and the website will provide further news and information about schedules, possible briefings, timeline, check in, orientation etc.

15. CHECK-IN

Date, location, logistics information will be circulated through the Facebook page of the event and the related website. The athletes must necessarily check-in according to the communications that will be provided through the aforementioned channels in the modes and times indicated, providing the documentation that will be requested.

16. LIVE PHASE WORKOUT

The organization will produce a brochure for each competition wod. Inside it there will be specified wod, standard, flow for each workout.

The organization may also reserve the right not to produce informative material related to the workouts, but to carry out a briefing directly on the spot. In this case, taking part to the briefing is mandatory.

The briefing will be held both in English and Italian language.

17. LEADERBOARD

Every score obtained in a workout will receive a relative rank that will determine the final leaderboard. In case of a tie, the best placement in all the workouts will be used as a reference. Ties will not be considered in relation to the single workout but only for the final ranking.

18. SCORING

The score obtained in each single workout will be validated by a judge. Possible complaints regarding the evaluation of the workout must be submitted by the end of the day in which the workout has been performed, with the relative questioned score. In case of protest during the last day of the event, it will be taken into consideration until the publish of the final rankings.

In case time-tracking chips will be used during the workout, that measure will be considered official. The chip will be put on each athlete on the same side of the body.

The only video evidence allowed is the one provided by the organization of the event, where possible.

19. IN CASE OF INJURIES:

In case an athlete requires or needs medical support during the workout, they will be able to continue competing only with the permission of the doctor. It is within the doctor's, the head judge's and the event director authority to remove an injured athlete from the competition. If the injury happens to a team member, the team will be able to continue the workout only for the part of execution of the movements according to the required standard and flow.

20. GENERAL CLAUSE REGARDING UNSPORTING BEHAVIOUR

Every athlete agrees to compete with sportsmanship, avoiding every possible unsporting behaviour. They agree to not offend or use violence towards judges, volunteers, other athletes, spectators, sponsors. Any behaviour that violates this agreement will determine the ban from the competition. Every athlete commits to perform the workout without altering its nature and commits to competing fairly, without tricks or fraud of any kind. Every behaviour identified as violating the agreement will be punished with the ban. This listing is merely explanatory and not thorough. Every conduct violating a warning given by the head judge or by the event organization regarding the correct conduct, appropriate to the environment of the event and to the respect of the people involved, will be punished with the ban.

21. REFUNDS

It will not be possible for any reason, except gross negligence of the race organisation, to receive a refund after payment of the entry fee. In case of suspension of the event due to epidemiological reasons, it will be possible to receive a voucher valid for registration for the following year's event in accordance with the regulations in force.

22. IN CASE OF HEALTH EMERGENCY:

The recent episodes linked to the spread of the Covid 19 virus mean that further hypotheses must be taken into consideration:

If health and emergency regulations authorise the event to take place, it will be held on the dates indicated above.

If health and emergency regulations require a quota of people to be held or prohibit the event from being held, the competition organisers reserve the unquestionable right to move the event to a different accommodation facility, using different methods which will be explained in point 4. The competition organisation also reserves the right to change the date of the competition for reasons related to the epidemiological emergency.

24. DISCLAIMER FOR IMAGE USE

By agreeing to this rulebook and the following registration to the event that will be recognised by both parts to be a declared and conclusive authorization, the athlete, referring to pictures (photos and videos) recorded and/or taken by photographers or cameramen at the event, authorizes free of charges, without time limits, also according to the articles 10 and 320 of the Italian Civil Code and articles 96 and 97 law 22.4.1941, n.633, Copyright Law, the publication and/or broadcasting in any form of their images on the event's website and relative Facebook page, Twitter account, Instagram page, YouTube channel or any other broadcasting platform using the Internet, on paper and/or on any other mean of diffusion. The athlete also authorizes the preservation of the videos and pictures in the event's organization's archives and acknowledges that the purposes of those publications are merely informative and possibly promotional.

CONSENSUS

I declare under my responsibility the following:

- to fully agree with the Rules of the Event;
- to fully acknowledge the nature and the physical effort required by the physical activity I will have to perform during the event. Also, to consult ahead of time a sports physician to verify the good health condition and preparedness to compete;
- to be in appropriate health condition and never have suffered (even occasionally) from pathologies and/or physical imperfections that can endanger my health by participating to the event;
- to have a valid medical certificate for competitive sports (CrossFit®/Weightlifting), granted for the participation to physical activities organized by sport associations, effective for 12 months;
- to play sport regularly;
- to relieve the event organization from any civil and criminal liability for which would make me responsible, for any injury may result to my person and others as a result of the Event;
- to acknowledge and fully understand that I will take part to activities that entail the risk of severe injuries, included, without limitations, permanent disability and death, as well as social and financial loss, which may originate not only from my own actions, inactivities or negligence, but also from other's actions, inactivities or negligence, also from the rules of the event, or buildings and equipment conditions and there might be risks unknown to me or not reasonably foreseeable;
- taking all the risks mentioned above and to accept the direct responsibility for any damage originated by said injuries, permanent disabilities or death;

- to renounce, within the limits bindingly provided by the law, to any request of compensation for damages of death, personal lesion, or material damage and that either I, or any of my heirs, close relatives or representatives (shown below as “Renouncing Subjects”) may carry out or that can originate in the future to any of the Renouncing Subjects as a consequence of my participation or any other reason, that can be aimed by anyone to Health Center Ltd and Sinapsi Ltd and event’s business partners, sponsors, any of the legal entity correlated and affiliated, the president, the vice-president, the secretary, the owners and the techs, other participants (if applicable), other owners and conductors of the buildings used during the event (shown below as “Freed Subjects”);

- to free and relieve any Freed Subject of any loss, responsibility, damage, or cost that they might suffer as a result of my participation to the event or as a consequence of any cause in any way related to my participation, even if originated by the Freed Subjects’ negligence or by other causes within the limits bindingly provided by the law;

- to authorize the Freed Subjects to provide me emergency medical treatment;

- I deliberately agree that this **DISCLAIMER AND AGREEMENT FOR THE WAIVER OF LIABILITY AND COMPENSATION** will be interpreted following the Italian Law. I exclusively agree to the Italian Jurisdiction and the authority of the Courthouse of Bari relatively to any action originated by or connected to the event;

- I deliberately agree that this **DISCLAIMER AND WAIVER OF LIABILITY AND COMPENSATION** is as broad and inclusive as the Italian Law allows, and that if any part of the agreement is believed to be not valid, it is accepted that the remaining of the rules will be considered fully valid and effective.

According to article 1341 of the Italian Civil Code., I hereby agree to the clauses referred to in the points “Waiver of Liability”; Acknowledgment; Acceptance of responsibility; Waiver of compensations; Indemnity; Law and Jurisdiction, of this statement.

24. PRIVACY POLICY

Sinapsi Ltd and Health Center Ltd, as data processors (here below referred to as “Owner”), informs that will use your personal data (here below, called “Personal Data”), indicated in the release, in which the present disclosure It is attached (here below referred to as “release”), in order to (i) enable you to adhere to each phase of the Project; (ii) comply with legal obligations relating to my participation in the Project, as provided by civil legislation, fiscal and accounting, etc. for the administrative management of the relationship; (iii) promote and / or promote the public the Project; (iv) to promote, by sending e-mail, future initiatives and / or promotional projects of the owner or of other companies related to it pursuant to Art. 2359.

The provision of personal information related to the purposes set out in those points (i) and (ii) is mandatory. In case of refusal, therefore, the owner can not enable you to join the project. The provision of data relating to the purposes specified in point (iii) in the same way, is also mandatory because the owner has made the project to spread and promote it to the public. His refusal, therefore, do not allow the conduct of such activities to the Owner. By joining the project, in other words, you, agree to any media exploitation of the Project.

The purpose of paragraph (iv) is discretionary; with reference to the purposes specified in point (i), if you decide to not subscribe this agreement, it will be not informed of the initiatives and projects organized by Sinapsi Ltd or other companies related to it in accordance with and to article. 2359.

The Personal Data will be processed within the Company both on paper and by electronic and computerized means, and strictly used for reasons connected to the actual purposes, in any case, from individuals authorized to such tasks, appropriately aware of the constraints imposed by Legislative Decree no. 196/2003, with security measures to ensure the confidentiality of personal information and to avoid the improper access to third parties or unauthorized persons.

The Personal Data will not be subject to diffusion and will be released only to Sinapsi Ltd or business partners exclusively for the purposes described above.

The responsible for replying is Mr. Giuseppe Dicarlo and Mrs. Giulia Dicarlo.

According to Article 7 of Legislative Decree 196/2003, at any time and for free, you have the right to request information about the existence of the processing of your Personal Information and the Participant, to correct, complete, update, or delete to obtain the block.

To exercise these rights, write to Mr. Giuseppe Dicarlo and Mrs. Giulia Dicarlo of Sinapsi Ltd located in Monopoli, Via Muzio Sforza 3, with subject "Southern Warriors".

Consent request:

Having read the information above,
I agree

to the processing of personal data to promote, by sending e-mail services offered by Sinapsi Ltd and future initiatives and / or projects of the Association;

I agree

promote, by sending e-mail, services of other companies related to Sinapsi Ltd in accordance with and to article. 2359

I agree

DISCLAIMER FOR USE IMAGE

Performing the registration at The Southern Warriors 2022 on the web-site, the participant declares as follow:

As participant of the Project Southern Warriors organized by Mr. Giuseppe Dicarlo and Mrs. Giulia Dicarlo of Sinapsi Ltd located in Monopoli, Via Muzio Sforza, 3

WHEREAS

- that Health Center Ltd and Sinapsi Ltd have created the sporting event named Southern Warriors, to be held in Monopoli, July 15th-16th-17 th , in Monopoli
- that during the event will be made photos and video for the promotion of the Event itself;
- that the purpose of the Event and promotion of products, Health Center Ltd ,Sinapsi Ltd and Effort ASD intend to use his image pictured in the photographic representations, audio and video content or other forms of reproduction, to be carried out (collectively referred to as the Picture “), through:
 - website and social network channels;
 - website: www.southernwarriors.it
 - Facebook page, twitter and Instagram and any other social of Sinapsi Ltd or on any other advertising material in print or electronic form,

I AUTHORIZE

Health Center Ltd , Sinapsi Ltd and Effort ASD , to use - just for the promo - advertising Event - my image, as pictured during the event itself, in whole or in part, individually or together with other material, including without limitation , text, photographs or images, free of charge and without restriction to temporal, territorial or relating to the method of use, frequency of use, or the means of communication chosen.

Consent request: Having read the above information:

I agree

PRIVACY POLICY

Regarding the treatment of personal data: the art. 13 of Regulation (EU) 679/2016, concerning the protection of natural persons with regard to the processing of Personal Data and free sharing of them (hereinafter “GDPR”), requires to protect the persons and the other subjects in respect of the personal data treatment. As the “owner” of the data, pursuant Art. 13 of the GDPR, therefore, the organization of the Event is stating the following:

- The purposes of Personal Data Processing

The Data provided, including photos and videos, will be processed by the Data Controller strictly for the purposes listed in the abovementioned “DISCLAIMER FOR USE OF IMAGE”. These data may be propagated in every form of image or video via website, YouTube, Facebook, Instagram, Twitter, on printer paper and/or on any other channel.

- How we process your data:

The personal data given, hereby including the image or video portrait, will be subject to treatment in pursuance of the actual law, correctness, transparency and privacy principles. Those data will be treated both digitally, on paper and on any other suitable way, according to the GDPR.

- Mandatory or optional nature of providing Data – Consequences of the possible refusal:

The provision of data is optional; consequently, without your express consent, we will not use your images and/or videos for the abovementioned purposes. In case of wrongful usage, the involved subject may ask the organization to remove those.

- Data recipients and transfer of data:

In order to process your request in compliance with the purposes listed, your Data (image and videos) may be communicated, published and/or circulated in any way on the Event website, on social networks and on any other information channel (printed paper or local daily newspapers). The subject authorizes the organization to communicate the aforementioned data to partners and event sponsors.

- Owner and responsible for processing the data:

The responsible for processing the data is _____

Data Subjects’ Rights:

The acceptance of the Privacy Policy is optional. We remind you that, at any time, by contacting the Data Controller, you may withdraw your consent to the processing of your Data exercising all the rights available in articles from 15 to 22 and art. 34 of the GDPR, in details the deletion, correction or integration of the Data, via a written communication to be sent to _____

Time limits for storing the Data:

Collected data (photos, videos, etc.) will be stored in the digital archives of the Event organizing company and the purpose of those publications are merely informative/promotional.